PREVENTIVE CARE - MENTAL HEALTH

Dorianne Mason, Attorney/Director of Health Equity – National Women’s Law Center
A MENTAL HEALTH EPIDEMIC: THE COVID-19 PANDEMIC’S EFFECT ON ANXIETY AND DEPRESSION AMONG WOMEN AND LGBT ADULTS

- Entering the third year of the pandemic, women of color, disabled women, and LGBT adults experienced some of the highest rates of depression and anxiety.

- These populations still struggle to pay for things they need and still experience heightened anxiety and depression symptoms.

- At the same time, many who said they needed mental health services had difficulty accessing them.
HOW CAN COMMISSIONERS ADDRESS DISPARITIES IN MENTAL HEALTH?

Five Opportunities in:
1. Preventive Health Screenings
2. Benefit Design
3. Provider Discrimination
4. Financial Costs of Medical Care
5. Consumer Experience Navigating Care
THANK YOU

Dorianne Mason
Director of Health Equity
damson@nwlc.org