



# PREVENTIVE CARE - MENTAL HEALTH

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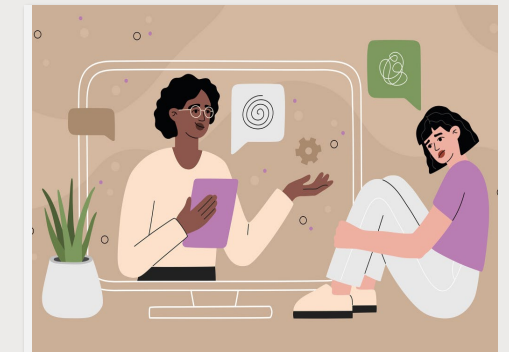
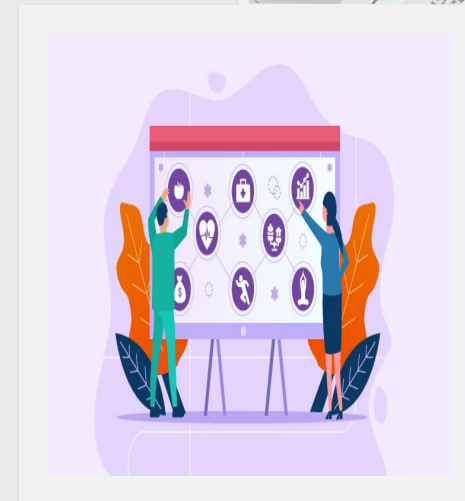
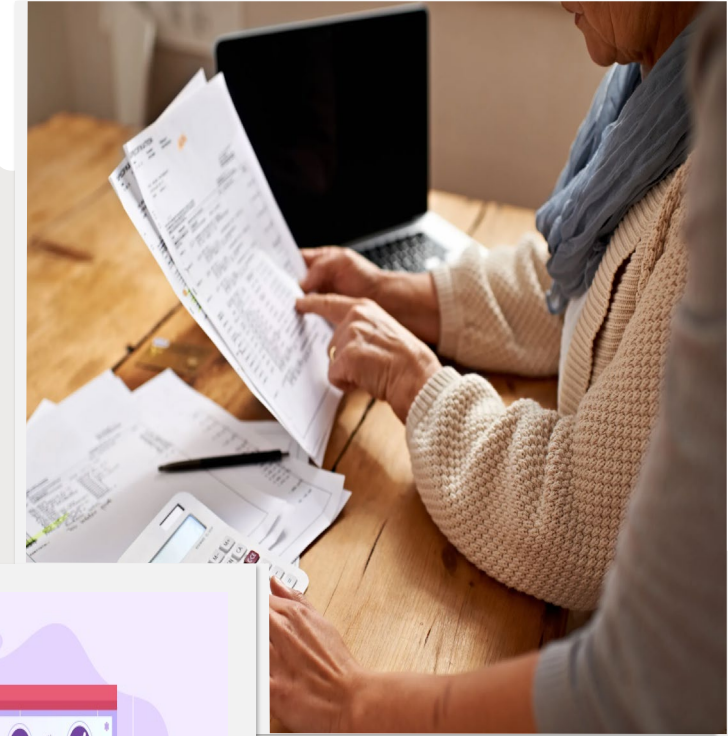
A MENTAL HEALTH  
EPIDEMIC: THE  
COVID-19  
PANDEMIC'S EFFECT  
ON ANXIETY AND  
DEPRESSION AMONG  
WOMEN AND LGBT  
ADULTS

- Entering the third year of the pandemic, women of color, disabled women, and LGBT adults experienced some of the highest rates of depression and anxiety.
- These populations still struggle to pay for things they need and still experience heightened anxiety and depression symptoms.
- At the same time, many who said they needed mental health services had difficulty accessing them.

# HOW CAN COMMISSIONERS ADDRESS DISPARITIES IN MENTAL HEALTH?

Five Opportunities in:

1. Preventive Health Screenings
2. Benefit Design
3. Provider Discrimination
4. Financial Costs of Medical Care
5. Consumer Experience Navigating Care





THANK YOU

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