## The Mental Health Parity and Addiction Equity Act Compliance Assistance Webcast Resource Toolkit October 29, 2020

- 1. The Mental Health Parity and Addiction Equity Act of 2008 (MHPAEA) Statute <a href="https://www.govtrack.us/congress/bills/110/s558">https://www.govtrack.us/congress/bills/110/s558</a>
- 2. Final Rules Under the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 <a href="https://www.federalregister.gov/documents/2013/11/13/2013-27086/final-rules-under-the-paul-wellstone-and-pete-domenici-mental-health-parity-and-addiction-equity-act">https://www.federalregister.gov/documents/2013/11/13/2013-27086/final-rules-under-the-paul-wellstone-and-pete-domenici-mental-health-parity-and-addiction-equity-act</a>
- 3. MHPAEA Resource Page of the U.S. Department of Labor Employee Benefits Security Administration (EBSA) Website <a href="https://www.dol.gov/agencies/ebsa/laws-and-regulations/laws/mental-health-and-substance-use-disorder-parity">https://www.dol.gov/agencies/ebsa/laws-and-regulations/laws/mental-health-and-substance-use-disorder-parity</a>

Recent and notable resources available on this page include:

- a) 2020 MHPAEA Self Compliance Tool <a href="https://www.dol.gov/sites/dolgov/files/EBSA/laws-and-regulations/laws/mental-health-parity/self-compliance-tool.pdf">https://www.dol.gov/sites/dolgov/files/EBSA/laws-and-regulations/laws/mental-health-parity/self-compliance-tool.pdf</a>
- b) Preface 2020 MHPAEA Self Compliance Tool <a href="https://www.dol.gov/sites/dolgov/files/EBSA/laws-and-regulations/laws/mental-health-parity/self-compliance-tool-preface.pdf">https://www.dol.gov/sites/dolgov/files/EBSA/laws-and-regulations/laws/mental-health-parity/self-compliance-tool-preface.pdf</a>
- c) FAQs on Mental Healthy Parity Implementation (ACA FAQs 39) <a href="https://www.dol.gov/sites/dolgov/files/EBSA/about-ebsa/our-activities/resource-center/faqs/aca-part-39-final.pdf">https://www.dol.gov/sites/dolgov/files/EBSA/about-ebsa/our-activities/resource-center/faqs/aca-part-39-final.pdf</a>
- d) DOL 2020 Report to Congress Parity Partnerships: Working Together <a href="https://www.dol.gov/sites/dolgov/files/EBSA/laws-and-regulations/laws/mental-health-parity/dol-report-to-congress-parity-partnerships-working-together.pdf">https://www.dol.gov/sites/dolgov/files/EBSA/laws-and-regulations/laws/mental-health-parity/dol-report-to-congress-parity-partnerships-working-together.pdf</a>
- e) FY2019 MHPAEA Enforcement Fact Sheet <a href="https://www.dol.gov/sites/dolgov/files/EBSA/laws-and-regulations/laws/mental-health-parity/mhpaea-enforcement-2019.pdf">https://www.dol.gov/sites/dolgov/files/EBSA/laws-and-regulations/laws/mental-health-parity/mhpaea-enforcement-2019.pdf</a>
- 4. U.S. Department of Health and Human Services website MHPAEA Resource Page <a href="https://www.hhs.gov/programs/topic-sites/mental-health-parity/index.html">https://www.hhs.gov/programs/topic-sites/mental-health-parity/index.html</a>
- 5. Your state's department of insurance website and contact information, which can be found on the National Association of Insurance Commissioners website <a href="https://content.naic.org/cmte">https://content.naic.org/cmte</a> b mhpaea wg.htm
- 6. The Substance Abuse and Mental Health Services Administration (SAMHSA) Implementation of the Mental Health Parity and Addiction Equity Act (MHPAEA) page <a href="https://www.samhsa.gov">www.samhsa.gov</a>