Meeting Summary Report

The MHPAEA (B) Working Group of the Regulatory Framework (B) Task Force met July 28, 2020. During this meeting, the Working Group:

1. Adopted its June 24 minutes, which included the following action:
   a. Adopted its June 5 minutes, which included the following action:
      i. Adopted its March 19 minutes, which included the following action: 1) adopted its March 9 minutes; 2) discussed its plan to operate similar to the ERISA (B) Working Group; and 3) discussed its anticipated work for 2020 consistent with its 2020 charges.
      ii. Discussed a draft quantitative treatment limitation/financial requirement (QTL/FR) template.
   b. Discussed the comments received on the draft QTL/FR template received by the June 18 public comment deadline.

2. Heard a presentation on activities and work being done to assist self-funded group health plans and private employers to comply with mental health parity requirements under the federal Paul Wellstone and Pete Domenici Mental Health Parity and Addition Equity Act of 2008 (MHPAEA).

3. Heard a presentation from the American Psychiatric Association (APA) on state activities and legislation related to MHPAEA parity data reporting requirements.

4. Discussed current parity compliance resources and tools available to the states to determine plan compliance with the MHPAEA parity requirements and potential resources and tools the Working Group developed to supplement, but not supplant, these existing tools and resources.

5. Discussed next steps in developing supplemental MHPAEA parity compliance resources and tools for the states related to non-quantitative treatment limitations (NQTLs).